

Golden BEACH

MAGAZINE

ISSUE 19
JUNE & JULY 2016



Letter FROM THE MAYOR

*"Rest is not idleness and to lie sometimes
on the grass on a summer day listening to the murmur
of water or watching the clouds float across the sky
is hardly a waste of time."*

— John Lubbock

First, I would like to extend my condolences to the victims of the Orlando massacre and our hearts and prayers are with them and their families.

Summer is in full bloom and we are extremely lucky to have access to our beaches and our waterways. I'd like to remind you of how important it is for us to keep them clean and safe.

Remember that our beach is for Golden Beach residents and their guests **ONLY** and guests **MUST** be accompanied by a resident. Please be mindful of other residents who may be utilizing the beach and facilities.

It is imperative that everyone does their part in helping us to maintain our beach area. Remember **NO** pets are allowed on the beach. Pick up after yourselves and **TREAT IT AS IF IT IS YOUR OWN BEACH BECAUSE IT IS**. In recent months there have been incidents of careless disregard for our beach. The same care and attention you give to your home should extend to the beach as well. Please monitor your guests to ensure they abide by the rules as well.

Warmer weather is here and you will see that there are a lot of children in town. School is out so our children are taking advantage of the amenities of living in Golden Beach. Please be mindful of pedestrian and bicycle traffic and drive slowly and carefully and especially at night. In addition, remind your children of the importance of remaining alert while they are playing and to work together to keep our beach and parks clean.

Safety and security in town should be everyone's priority. Remember to lock your doors and do not keep keys in vehicles when they are not being used. If you're traveling this summer, and will be away for any extended period of time, please stop by the Police Substation at the Gatehouse or Town Hall and fill out a house check form so that the police can keep an additional watch on your property while you're away. If you see any suspicious activity going on, please contact the Substation at (305) 935-0940 and they will dispatch an officer to investigate.

Hurricane Season began on June 1st. Please follow the directions and recommendations of the National Weather Service in making sure you are prepared and your property is secure. If you have any questions or concerns, please do not hesitate to contact Town Hall.

Above all else, may you and your family have a safe and enjoyable summer.

YOUR MAYOR,

Glenn Singer



TOWN OF GOLDEN BEACH

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Glenn Singer

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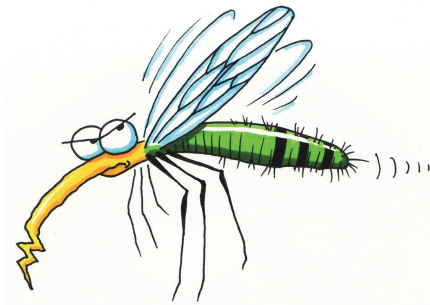
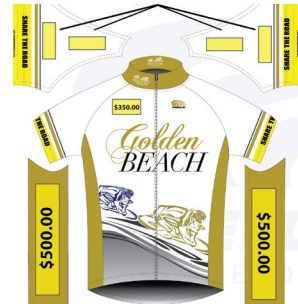
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Golden Beach Celebrates 87 Years!

BY MICHAEL GLIDDEN

The Town marked its 87th birthday in May. Dining alfresco from a tasty Italian buffet, residents of all ages congregated on the lawn of historic Town Hall. Members of the Golden Beach Leadership Group were on hand, creating a custom-made American flag for the Town's upcoming Memorial Day event. The dinner preceded the May Town Council Meeting which included a cake cutting ceremony honoring the Town's anniversary of incorporation. Attendees enjoyed a cake that was a playfully designed interpretation of the Town's Beach Pavilion rendered in colorful fondant icing.







Memorial Day Event

RECOGNIZES FRIEND OF GOLDEN BEACH

BY MICHAEL GLIDDEN



The Town's ceremony for Memorial Day brought throngs of residents to the Beach Pavilion. "The biggest turnout we've seen in years, easily," commented Councilmember Judy Lusskin, who hosts the annual event. The ceremony marked the contributions of those soldiers who have given their lives for our Nation.

This year, Councilmember Lusskin took the opportunity to recognize First Sergeant Henry Massie (retired). Sergeant Massie has been a familiar face at Town events for many years. At the Town's annual Veterans Day and Memorial Day programs he is often the one chosen to lay the floral wreath, marking the closing of the ceremony.

Councilmember Lusskin spoke of Massie's fascinating military career. Of how as a young man, Henry Massie was slated to be deployed to war-ravaged Vietnam, but how he was spared at the last moment when his older brother offered himself to serve in his younger brother's place. The valiant move calls to mind the film "Saving Private Ryan," and at the time was a maneuver that was completely unknown to the younger Massie. It was only after Henry was abruptly redirected to serve domestically, that he became aware of his older brother's sacrifice. The older Massie continued off to Vietnam serving his younger brother's tour of duty and ultimately returning home safely. Although Henry Massie's first experience in the service kept him on American soil, that wouldn't stay the case for long. Massie rose through the Army's

ranks and served both home and abroad, with duties sending him as far as South Korea. His efforts eventually brought him to Washington, D.C. where he was tapped to become a member of the "Old Guard," the official ceremonial unit and escort to the President of the United States. His accolades grew during his tenure in our Nation's capital; he served as squad leader of the 1st Presidential Firing Party, as a non-commissioned officer who oversaw arrivals and departures of Heads-of-State and Dignitaries at the White House, Pentagon, Andrews Air Force Base and the Tomb of the Unknown Soldier. After 24 years of active duty, First Sergeant Massie was called to Miami to become the Senior Enlisted Advisor and Senior Instructor for the Army's Junior Reserve Officer Training Corps (JROTC) at Miami Killian Senior High School. He took great pride in motivating young high school students to be better citizens and remained at his post there for the next 20 years.

Massie and his wife Mrs. DiAnn Banks-Massie, recently retired to the outskirts of Atlanta, bringing his years as a full-time South Florida resident to a close. Knowing that his move would mean Mr. Massie would no longer regularly frequent Town events, Councilmember Lusskin wanted to be sure to recognize him. First Sergeant Massie was awarded a commemorative plaque, expressing the Town's gratitude for not only his tireless dedication to our Country but also for his friendship to the Town of Golden Beach.

Police BEAT

Summer ushers in the time of year that we would all like to circumvent, the 2016 Atlantic Hurricane Season. Mother Nature wasted no time, having already thrown two preseason storms our way; even so, the lack of a substantial storms in many years has led many of us living in “hurricane alley” to become complacent regarding storm preparation. This year the National Oceanic and Atmospheric Administration (NOAA) is predicting 10-16 named storms, four to eight hurricanes and one to four major storms packing winds over 110MPH. Our best protection is to prepare early and get all necessary supplies in advance. To learn more about the latest advances in Emergency Planning, I recently attended the 30th Annual Governor’s Hurricane Conference in Orlando.

The Golden Beach Police Department has been busy with several events here in Town, including providing training classes to our community that the department sponsored with the assistance of the United States Coast Guard (USCG). Last Month residents attended a boating safety course at Town Hall where the USCG’s Auxiliary Officials gave them safety tips on both federal and state water safety regulations, and a quick reference to the equipment necessary to travel our waters safely. The residents

utilized the training session to ask questions and become better informed on how to keep themselves and their families out of harm’s way.

The Golden Beach Police Department also participated in the department-wide annual firearm qualification exercise. Even though the Florida Department of Law Enforcement (FDLE) requires police officers to assure their ability to safely and skillfully handle a firearm every other year, the Golden Beach Police Department has its officers qualify annually.

On May 15th the Town’s Honor Guard participated in the Union University Seniors Class Graduation Ceremony held at the Miami Airport Hilton. The department has been invited to (attend) the ceremony for the past 3 years. The Golden Beach Police Department has part-time officers who also serve as professors at the University.



On Monday, May 30th, the Honor Guard joined Councilmember Lusskin for the Town’s annual Memorial Day event. Police Explorers from Miami Dade Public Schools were also on-hand for the ceremony; the students assisted with directing pedestrian traffic to and from the Beach Pavilion and also supported the honor guard detail.

During the May Town Council Meeting, residents Eric and Patrick Dolman presented the Mayor and Council with a campaign to raise awareness regarding littering in the Town’s canals or coastal waters. The State of Florida is explicit about litter as it pertains to waterways. Florida Statute 403.413 subsections (4) and (5) states that:

“Any person who dumps litter in violation of subsection (4) in an amount not exceeding 15 pounds in weight or 27 cubic feet in volume and not for commercial purposes is guilty of a noncriminal infraction, punishable by a civil penalty of \$100, from which \$50 shall be deposited into the Solid Waste Management Trust Fund to be used for the solid waste management grant program pursuant to s. 403.7095. In addition, the court may require the violator to pick up litter or perform other labor commensurate with the offense committed.

(b) Any person who dumps litter in violation of subsection (4) in an amount exceeding 15 pounds in weight or 27 cubic feet in volume, but not exceeding 500 pounds in weight or 100 cubic feet in volume and not for commercial purposes is guilty of a misdemeanor of the first degree, punishable as provided in s. 775.082 or s. 775.083. In addition, the court shall require the violator to pick up litter or perform other community service commensurate with the offense committed. Further, if the violation involves the use of a motor vehicle, upon a finding of guilt, whether or not adjudication is withheld or whether imposition of sentence is withheld, deferred, or suspended, the court shall forward a record of the finding to the Department of Highway Safety and Motor Vehicles, which shall record a penalty of three points on the violator’s driver license pursuant to the point system established by s. 322.27.

c) Any person who dumps litter in violation of subsection (4) in an amount exceeding 500 pounds in weight or 100 cubic feet in volume or in any quantity for commercial purposes, or dumps litter which is a hazardous waste as defined in s. 403.703, is guilty of a felony of the third degree, punishable as provided in s. 775.082 or s. 775.083. In addition, the court may order the violator to:

- 1. Remove or render harmless the litter that he or she dumped in violation of this section;*
- 2. Repair or restore property damaged by, or pay damages for any damage arising out of, his or her dumping litter in violation of this section; or*
- 3. Perform public service relating to the removal of litter dumped in*

violation of this section or to the restoration of an area polluted by litter dumped in violation of this section.

(d) A court may enjoin a violation of this section.

(e) A motor vehicle, vessel, aircraft, container, crane, winch, or machine used to dump litter that exceeds 500 pounds in weight or 100 cubic feet in volume is declared contraband and is subject to forfeiture in the same manner as provided in ss. 932.703 and 932.704.

(f) If a person sustains damages arising out of a violation of this section that is punishable as a felony, a court, in a civil action for such damages, shall order the person to pay the injured party threefold the actual damages or \$200, whichever amount is greater. In addition, the court shall order the person to pay the injured party's court costs and attorney's fees. A final judgment rendered in a criminal proceeding against a defendant under this section estops the defendant from asserting any issue in a subsequent civil action under this paragraph which he or she would be estopped from asserting if such judgment were rendered in the civil action unless the criminal judgment was based upon a plea of no contest or nolo contendere.

(j) Any person who violates the provisions of subsection (5) is guilty of a misdemeanor of the second degree, punishable as provided in s. 775.082 or s. 775.083; provided, however, that any person who dumps more than 500 pounds or more than 100 cubic feet of raw human waste, or who dumps any quantity of such waste for commercial purposes, is guilty of a felony of the third degree, punishable as provided in paragraph (c).”

The Golden Beach Police Department is committed to assisting the Dolman brothers and their family to make this campaign a success and promises to enforce the Florida Litter Law to help keep our waterways free from trash.

On a final note, I would like to remind residents that use of the beach area is exclusive to Golden Beach residents. Per Town Resolution 2354.14, as part of their duties, Beach Attendants are required to ask anyone on the Town's beach for a proper form of identification. Please understand that Beach Attendants have been instructed to politely ask for identification from anyone wishing to use the Pavilion and/or beach; and that this proactive initiative assures that unauthorized people are not using Town facilities. Residents, please be sure to accompany your visitors to the beach area including weekends and holidays, as residents must be present with their guests for non-residents to enter and use the Pavilion and/or beach area.

YOUR CHIEF OF POLICE,

Rudy Herbello



Exciting Golden BEACH BIKE GEAR

BY MICHAEL GLIDDEN



Golden Beach is a community on the go.

Whether you're zipping down Ocean Boulevard on your way to beach or heading to the mall, we have a new way for you to look good while out on the road. Teaming up with Velocé Speedwear the Town is creating new custom bike gear to show Golden Beach pride. Much like uniforms worn in the Tour de France and other cycling competitions, these sharp new ensembles will feature spots for advertisers that are a fun way to get your company's name out there. **Anyone interested in reserving a spot on the uniforms should contact Town Hall. The limited spots are based on availability, and will be awarded in a first-come/first-serve basis. Act fast and don't miss your chance to make your mark on these fun Golden Beach exclusive designs!**

Graphic pictured shows advertising costs per zone



Golden **BEACH**

AUGUST 2016 **COMMUNITY CALENDAR**

August 16 *Regular Town Council Meeting* 7PM

**LOOK FOR ADDITIONAL EVENT NOTICES, UPDATES
OR CHANGES ON THETOWN NEWS STATION (CHANNEL 89)
& ON THE MARQUEE SIGN AT THE STRAND.**

Have a Safe & Happy Summer!

BY MICHAEL GLIDDEN

Hurricane Preparedness: What You Need to Know

Hurricane season is upon us. From June 1st to November 30th means South Florida braces for the possibilities of some unwelcomed visitors. Thankfully we have seen little activity for the past few years. A smooth-sailing storm season is a luxury that we can't always depend upon. Living in South Florida we must prepare ourselves for all that the sub-tropics can dish out. It's not unusual for a sunny beach day to turn sour and soggy before you expect it. The same can be said for larger scale tropical storms and hurricanes. A storm can develop quickly so it is best to be prepared in advance. Don't be one of those ill-prepared folks lining up for supplies at Publix battling over that last case of bottled water just as a storm comes rolling in. Plan ahead and start now. Below you'll find an extensive list of things to consider as we enter storm season.

- Stock up on non-perishable food and water supplies in case of a power outage.
- Clear loose and clogged rain gutters and downspouts.
- Make sure your trees and shrubbery are trimmed and dead limbs removed.
- Fuel and service family vehicles.
- Inspect and secure mobile home tie downs.
- Prepare to cover all window and door openings with shutters or other shielding materials such as plywood.
- Check batteries and stock up on canned food, first aid supplies, drinking water and medications.
- Bring lawn furniture and other loose, light-weight objects such as garbage cans and garden tools inside. They can become dangerous projectiles during high winds.
- If you have a boat, moor it securely or move it to a designated safe place.
- Golden Beach is an identified surge zone or area prone to flooding so you may want to move furniture to a higher floor.
- If you have to leave your home, remember to unplug your appliances, turn off the electricity and close the main water valve.
- When you leave your home make sure to lock it and take small valuables with you.
- Do not lower the water level in your swimming pool excessively, or it may pop out of the ground if there is flooding with the storm (softened ground can literally "float" a pool). If flooding is expected, you can lower the water level by up to a few feet, depending on the depth of the pool.
- Add extra chlorine to your pool to fight off contamination. (3 gallons of chlorine per 5,000 gallons of water). Some pool

companies recommend that you give your pool a "shock treatment" before the storm hits. (Don't let anyone use the pool after adding the additional chlorine.)

- Turn off electricity to all of the pool equipment at the breaker.
- Remove pumps from underground pits after all valves have been closed and the electricity has been shut off. Wrap any exposed pool equipment that you can't remove in plastic and secure it tightly with tape/rope.
- Don't throw patio furniture in the pool unless you are willing to have it damaged/bleached by chlorine.
- Secure anything that might tear loose or blow away, including garbage cans, grills, potted plants, garden tools, toys, signs, porch furniture, awnings.
- Check trees and shrubbery, and remove limbs that could damage your house or utility lines.

CONSTRUCTION/ WORK SITES

- In the event a hurricane watch or greater advisory is issued, it is the responsibility of the property owner and associated contractor of any on-going construction work to secure all areas of the site. This is mandatory per the Florida Building Code.
- Fasten down or remove all hazardous objects which include: construction shacks, temporary toilets, roofing tiles, building materials, trash, forms, unsecured structures, temporary electric poles, etc.

City Building Officials and Code Enforcement Officers will contact each site to ensure compliance with these regulations. However, it is still your responsibility to ensure all items are secure, etc.

Those failing to follow this procedure will be cited, fined and held legally responsible for any damage caused by failing to secure the above items.

BOATS

Damage caused by your boat during a hurricane is your responsibility, so have a plan in place to protect your boat. Bridges are locked down BEFORE an evacuation is ordered -- generally 24 hours before a storm hits, so you need to secure your boat and move it to a safe harbor long before the warning and evacuation.

- Keep fuel and water tanks filled.
- Be sure batteries are charged and bilge pumps are operational.

- If you plan to trailer your boat to the mainland, you must do so before an evacuation order is issued.
- Owners of large crafts that must remain in the water must secure their vessels in a predetermined anchorage or mooring area.
- Keep sufficient tie lines and chafing gear, anchors and anchor line, and any other equipment necessary to secure your boat in the water.
- Never stay aboard your boat in a hurricane.

PETS: BEFORE THE STORM

If a local shelter will not accept your pets, you must make your own arrangements to keep your pet safe during a storm.

If you are required to evacuate and are going to spend time in a shelter, it is important that you make plans for your pet well in advance. Some hotels will accept pets during an evacuation.

If you must evacuate to a shelter and leave pets behind, realize that pets may not survive or may be lost. There is no way to know how long it will be before you are permitted back to your home after a hurricane.

Frightened animals quickly slip out of open doors, broken windows, or other damaged areas of your home.

Emergency Management recommends that you make arrangements to evacuate yourself and your pet to a safe location. Friends and relatives in a safe location are your best choice, however, if they are unable to house both you and your pets, arrange shelter for your pets with a veterinarian or kennel near your evacuation location. It is important to do this so that you will be able to have as much contact with them as possible.

PETS: AFTER THE STORM

Walk your pets on a leash until they become reoriented to their home. Be careful of downed power lines and other debris. Do not allow pets to consume food or water which may have become contaminated. Be extremely careful using candles or oil lamps around pets. Never leave them unattended.

Supplies: Have a two week supply of each item for every person in your home.

WATER

- 2 1/2 gallons of water per person a day (1/2 gallon for drinking, 2 gallons for bathing)
- Store water in clean plastic containers
- Food
- Purchase foods that require no refrigeration and little preparation, such as:
- Ready-to-eat canned food
- Canned juices, milk, soup (if powdered, store extra water)
- Snacks: cookies, cereals, etc.

- Soft drinks, instant coffee, tea
- Lots of ice (you can freeze your water supply)

FOR BABY

- Formula, bottles, powdered milk, jarred baby foods
- Diapers, moist towelettes and special medications

PETS

- Newspapers or cat litter
- Moist canned foods (to preserve water)
- Plastic sheets to cover floor of pet's room

MEDICINE

- First aid kit
- Rubbing alcohol
- Aspirin, non-aspirin pain reliever, antacid
- Extra prescription medication (especially for heart problems and diabetes)
- Ask your physician how to store prescription medication

PERSONAL ITEMS

- Toilet paper, towels, soap, shampoo
- Personal and feminine hygiene products
- Denture needs, contact lenses and an extra pair of eyeglasses
- Sun protection, insect repellent

OTHER SUPPLIES

- Battery-operated radio, flashlights, non-electric can opener, extra batteries
- Charcoal, waterproof matches, extra propane gas for grills (Use grills outside only!)
- ABC-rated fire extinguisher in a small canister.
- Portable cooler
- Plenty of absorbent towels, plastic trash bags
- Wind-up or battery-operated clock
- Tarp or sheet plastic, duct tape, hammer and nails for temporary roof repairs
- Cleaning supplies such as chlorine bleach
- Aluminum foil, paper napkins and plates, plastic cups
- Can of spray paint (can be used to identify your home by insurance adjusters in case it's damaged.)
- At least one change of clothing per person, sturdy shoes, hat and work gloves

History teaches that a lack of hurricane awareness and preparation are common threads among all major hurricane disasters. The most important thing that you can do is to be informed and prepared.

**STAY SMART AND STAY SAFE
THIS HURRICANE SEASON!**

Resident NEWS

BY MICHAEL GLIDDEN

Ongoing Iguana Treatment throughout Town

Due to multiple requests from residents, the Town is continuing its iguana control initiative. The Town has representatives from Trutech Wildlife Control exploring areas of concern. Technicians will be surveying parts of Town where iguanas are likely to gather most or have been spotted congregating, particularly along sea walls. Please be aware that technicians may be armed with air rifles during the eradication process. We ask for your cooperation in granting access to your yards for these authorized technicians during this process. PLEASE NOTE that the iguana control process will thin the number of iguanas over time and should not be considered an immediate extermination of all iguanas in Town.

If you are having issues with iguanas and would like the Town to dispatch the iguana service to your home on the next scheduled visit please email mglidden@goldenbeach.us with your name, address, and contact number to be added to list. ALSO NOTE that the Town is currently enrolled in a once-a-month iguana service contract and cannot add isolated spot visits in between scheduled service dates. Should residents feel their iguana problem needs immediate attention they are encouraged to hire their own iguana services at their own expense.

Register Your Furry Friends

Unloading those groceries from the car, running back from the pool when you hear your cell phone ringing inside, or wheeling out the recycling bin. To you these may seem like mundane daily moments. However, to your pets these are golden opportunities to scramble out into the world and explore around the neighborhood.

Unfortunately pets' curiosity can get them into trouble because sometimes they wander far from home and can't find their way back. Often times we are contacted at Town Hall by homeowners who have found a wayward pooch wandering in their backyard, a furry friend who looks confused and just wants to find her way home. If animals do not have their owner's information, name, address, phone number displayed on their collars, or any kind of active microchip identifier we are left to wait to see if their owners call for them.

The Town would like to make reuniting residents with their pets as easy as possible. We are asking residents to consider submitting photos of their pets along with owner contact information (name, address, cell phone) to Town Hall, so that we may compile a database to help pets find their way back home if they get lost.

To register your pets please email mglidden@goldenbeach.us with the following information:

- Your Name**
- Your Address**
- Your Phone Number**
- A Clear Photo of Your Pet**
- Your Pet's Name**
- Any characteristics, markings that might be helpful in identifying your pet**

Please be as thorough as possible as adequate information is essential for reuniting lost pets with their owners.



CodeRED: Emergency Alert Services

With unpredictable weather, unexpected traffic redirection, and the occasional hazard, the best way to keep you and your family safe is to be informed. The Town of Golden Beach encourages all residents to register with the CodeRED emergency alert system. The system keeps subscribers informed of everything from evacuation notices, missing child alerts, boil water notices, to fire or flood disasters. CodeRED allows for the delivery of consistent and accurate information to all residents, though you must register in order to receive any notices. Notifications can be received via cell phone, land line, text messages, or email. The notices have been referred to as “Reverse 911” calls in the past, where instead of you calling emergency services, emergency services call you to warn of a critical situation. The CodeRED system allows for fast updates without having to reach out to emergency personnel and potentially pulling them away from their response efforts.

The Town understands the importance of privacy, so please know that any contact information you supply will be used solely for emergency notification purposes and will not be shared with any third parties. To enroll simply visit the Town’s website www.goldenbeach.us and click on the CodeRED link under the residents tab. The system is geographically based so please be sure to enter all search fields. Required information includes first and last name, street address (physical address, no P.O. boxes), city, state, zip code and primary phone number. If you do not have Internet access, please contact Marie Talley at (305) 932-0744, between the hours of 9:00 a.m. and 5:00 p.m., Monday to Friday, to register by phone.

BY MICHAEL GLIDDEN

Keep your Home Safe While You're Away

Whether you're a snowbird returning to roost up north or simply heading out to your favorite vacation spot for a little R&R, it pays to be smart about closing up your home. Following a few basic precautions can help assure that when you return you aren't dealing with unexpected problems.

Keep your home secure. Thieves target homes that look as though they are unattended. One of the best ways to keep your home safe while you're away is to make it look as though you have never left.

- Ask the post office to hold your mail if no one will be at your home to collect it, the same can be said for newspaper delivery.
- Consider putting certain lights on timers in the house. Have someone open or close the drapes periodically, which also makes the house look occupied.
- Make sure your property stays maintained as far as landscaping and general upkeep. While you may be out having a great time elsewhere don't allow things to go wild back home. Unsightly or neglected properties are eyesores in the neighborhood (not to mention neglected properties can alert would-be thieves to the fact that no one is home). Keep your gardening and landscaping services current, even if you're not around to see the results, your neighbors will also thank you. Don't move potted plants together in one spot for ease of watering, they may not respond well to their new homes.
- If you have a landline phone, consider turning down the volume on the ringer so the phone won't ring continuously alerting others that no one is home.
- A little preparation goes a long way in preventing damage and cleanup to your home and its contents.
- Open your dishwasher door to allow excess moisture to evaporate and prevent mold growth. Mold is more than unsightly, it can also be dangerous.
- Even if you are away for an extended amount of time you do not need to unplug the refrigerator. Unplugging it may be helpful in saving energy, but it creates a haven for mold and is not recommended. It may be wise not to leave any food in your refrigerator (depending on how long you're away) but otherwise allow it to run.
- Turn off water to the hot water heater and washing machine. Unplug, or flip the circuit breaker to these devices.
- Remember to unplug computers or have them connected to a surge protector in case there are any power surges while you are away.



- It's a good idea to unplug non-essential appliances to prevent fire hazards and possible damage from power surges.
- If your home has a fireplace, close the flue to prevent collection of debris or pests.
- It's a good idea to leave a set of keys with a friend or neighbor who will be staying locally. Be sure to leave your keys with someone you can trust with important information like your security alarm code. Leave all contact information for how to reach you while you are away, that way if there is any kind of emergency in your home someone will be able to attend to it in a timely manner. It's also a good idea to have someone stop by periodically to make sure the home is in good condition, that the air conditioning is functioning properly, and to flush the toilets.
- Be sure to register with the Town when you leave. The House Check Report sheet is available by contacting the Police Substation at the Strand (305) 935-0940 or through Town Hall (305) 932-0744. The information included on the list helps the Town and Police Department know when you'll be away, when you get back, and other information regarding important contacts and security.
- By following these tips you can enjoy your time away from Golden Beach that much easier. Have a great trip and we'll see you when you get back!



Play it Cool this Summer

With summer upon us, we all know what that means: barbeques, lounging under the chickee huts at the Beach Pavilion, taking in a good read by the pool, and lots of barefoot time. Only question is: are you ready? Before heading out it is important to remember to plan accordingly. Follow some simple precautions and your summer will be smooth sailing.

- Stay hydrated. Drink plenty of fluids, even if you do not feel thirsty. Avoid drinks with caffeine or alcohol. Have lots of water on hand and keep it coming. Eat small meals and eat more often.
- Wear loose-fitting, lightweight, light-colored clothing. Avoid dark colors because they absorb the sun's rays. Dark colors can also attract mosquitos, another summertime buzz kill. It's commonly said that natural fibers breathe better than synthetic ones (did you really need another reason to throw on your favorite broken-in cotton tee?).
- Slow down, stay indoors and avoid strenuous exercise during the hottest part of the day. Postpone outdoor games and activities until temperatures drop and the sunlight is not as intense.
- Take frequent breaks if you must work outdoors, and use a buddy system when working in excessive heat. Sweltering temperatures can be dangerous, it's important to be able to have someone around in case you begin to feel overwhelmed by heat.
- Wear sunscreen and reapply as necessary, especially when swimming or sweating. Consider using higher SPF, as direct sunlight in Florida is notably intense. A higher SPF will increase your protection against sun damage and certain skin cancers. Sweat-proof or water-proof sunblock are often recommended to keep your sunscreen from dissolving. Remember, even on overcast days the sun's UV rays can be harmful. Whether the skies are cloudy or clear, if you are planning on spending time outdoors, be sure to bring along some sunscreen to keep from getting burned.
- Never leave children or pets alone in enclosed vehicles, even for a quick stop. Temperatures inside a closed vehicle can climb dangerously high in minutes. There is a common misconception that rolling down your window a bit will spare those left inside any discomfort; **THIS IS NOT TRUE!** Animals and children should **NEVER** be left in parked vehicles, even in the shade or with windows slightly open, as the negative effects from the heat can be felt within minutes. Certain furry friends are especially susceptible to heatstroke. Dogs use panting to cool themselves. The process involves inhaling air through their nose and allowing the air to run along the inside of their nasal passages as it removes excess body heat. They then exhale through their mouths releasing that heated air out, and cooling themselves in the process. Certain dogs have a more labored effort to keep themselves cool. Think of those cute scrunched-faced pugs and similar dogs. With their short snouts they have to work exponentially harder to stay cool, sucking in more air just to get similar results to their more nasally-endowed brethren. Older dogs and overweight dogs are also more likely to suffer the dangers of excessive heat. Don't put Fido at risk. Also, if your animals are outdoors, check on them frequently to ensure that they are not suffering from the heat; be sure they have plenty of water and shelter from the sun. Talk with your veterinarian about "summer cuts" for your animals. Ridding them of extra fur can keep them comfier. During these hotter months of the year it's never a bad idea to keep the furriest members of the family indoors.

Play it cool & have a great summer!

BY MICHAEL GLIDDEN

Here's the Latest "Buzz" on Mosquitos

Are mosquitos bugging you? Aside from being just plain annoying, mosquitos can be dangerous company to keep. With concerns surrounding Zika and the West Nile virus it's important everyone does their part to help prevent mosquitos from multiplying.

The Town currently has a contract for monthly spraying with Clarke, a mosquito treatment company, to kill live mosquitos, along with their larvae and eggs. Maintaining your property will help as important supplemental prevention.

Here are some tips on how to stop mosquitos in their tracks:

- Discard any unused items that could be collecting water and creating a breeding ground for mosquitos. This includes everything from landscaping debris, recyclables, old tires, etc.
- Make sure your pets' water and food dishes are emptied and cleaned at least once a week. Don't forget about bird baths.
- Water can collect on boats and vehicles that are parked over time. When not in use, cover boats and parked vehicles with a tarp to prevent water from collecting inside. (Be sure these tarps are not contributing to your mosquito problem by checking the tarps for pooling water regularly.)
- Water can also pool in some plants; bromeliads and certain leafy plants can cup and collect water. Mosquitos can breed in very little amounts of standing water; don't forget to check these culprits for aiding and abetting mosquito populations. Mosquitos love moist, shady areas; overgrown landscaping is an ideal hideout for them. Be sure your landscaping is neat and trimmed to help keep mosquitos at bay.
- Over-watering your lawn and landscaping can welcome mosquitos. With oversaturation comes runoff, if water is

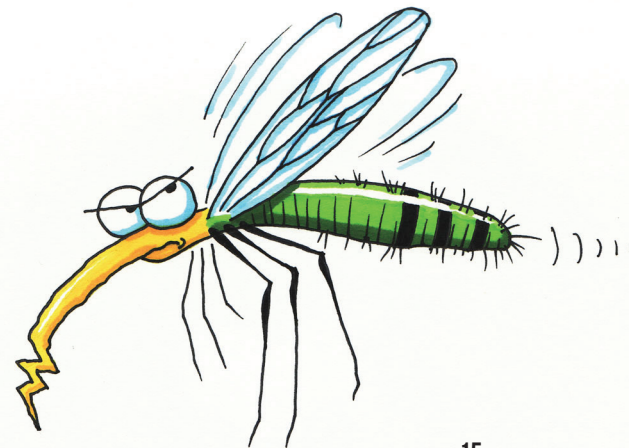
not absorbed by the plants or soil it can create the perfect habitat for mosquitos to multiply. Leaky outdoor faucets can also contribute to unintentional puddling.

- Keep gutters clean; even if you can't see pooling water mosquitos will certainly find it.
- A neglected swimming pool is a serious problem. We know summer is the season for travel, whether for a quick getaway or to take off to cooler climes to escape the sticky Florida summers, but even if you're not planning on being home to swim anytime soon, it is still important to maintain your pool. Do not let your pool maintenance service lapse. An untreated pool is a haven for blood-sucking bugs to breed and swarm. Keep your pool clean; your neighbors will thank you.
- If you're spending time outdoors when mosquitos are active, particularly dawn and dusk, protect your skin. Wear long sleeves, pants, shoes and socks. Make sure that exposed areas of skin are covered with an effective mosquito repellant (look for DEET, IR3535, eucalyptus, oil of lemon and picaridin as an ingredient).

For more information on what you can do to prevent mosquitos please visit: miamidade.floridahealth.gov

For additional tips on how to control mosquitos please visit the Clarke website at: www.clarke.com.

For more information on the Zika virus please visit the Center for Disease Control's website at: <http://www.cdc.gov/zika>.





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TOWN HALL: **305.932.0744**

TOWN MANAGER ALEXANDER DIAZ: **305.932.0744** ext. 224

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NORTH MIAMI BEACH WATER DEPARTMENT
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